

Jesse Sparks III, MA, NCC

Licensed Mental Health Counselor

407-325-5521

Education

Master of Arts (M.A. Mental Health Counseling), 2007
Rollins College, Winter Park, FL (CACREP Accredited)
-Graduated with Honors

Bachelor of Arts, 1992
Rollins College, Winter Park, FL

Licenses and Certifications

Licensed Mental Health Counselor, FL #MH9947
Nationally Certified Counselor, NBCC (2007)

Clinical Professional Experience

- Private Practitioner**– Winter Park, FL 2007- Present
Therapist
Managing owner of independent practice focusing on individual, group and family counseling services located within the White Picket Fence Counseling Center.
- Choices-Changes Counseling and Consulting, LLC.** - Sanford FL 2007- Present
Fee-for-service Therapist
Conducts individual, group and family psychotherapy and counseling. Responsible for intake, assessment and treatment planning from initial contact through termination of services. Utilizes community resources available to clients.
- Renaissance Healthcare/Pasadena Villa**- Orlando, FL 2006-Present
Psychiatric Counselor/Contract Chemical Dependency Counselor
Counsels clients suffering from chronic AXIS I and Dual Diagnosis disorders in both individual and group formats. Specialized focus on Schizophrenia, Autism and Asperger's disorders. Conducts both psychotherapy and psycho-educational groups on relevant issues including substance abuse, life skills, medication management and effective coping strategies. Hired upon completion of practicum, May 2006.
- Greenhouse Family Counseling Center**- Orlando, FL 2006-2007
Master's Mental Health Counselor Intern
Conducted individual, family and couples psychotherapy in a culturally diverse community setting that deals with a broad spectrum of complex client issues including multiaxial assessment and diagnosis, chronic depression, domestic violence, suicidal crisis intervention, chemical dependency, family reunification, trauma, grief and loss among others.
- Pasadena Villa/Transitional Living and Learning Center**- Orlando, FL 2006
Master's Practicum Counselor
Counseled individuals diagnosed with long-term severe mental illness. Conducted individual counseling. Co-facilitated psychotherapy and psycho-educational groups aimed at social integration and improved ADLs. Maintained accurate client progress documentation.
- Act Center, Inc.**– Orlando, FL 2004-2006

Outpatient Substance Abuse Counselor

Performed one-on-one and group counseling and assessment for court mandated multicultural populations with a focus on substance abuse issues. Responsible for designing, implementing and monitoring ASAM specific treatment plans with moderate to long-term care guidelines. Adhered to all state and federal criteria including client progress documentation and confidentiality maintenance requirements. Proficient in dealing with issues of chronic relapse.

Center for Drug-Free Living, Inc., Adolescent Residential Campus– Orlando, FL

2003

Behavior Specialist/Youth Counselor

Managed treatment plan implementation for clients in a direct care adolescent substance abuse treatment facility. Planned and conducted therapeutic recovery groups. Implemented 12-Step recovery processes within treatment milieu. Counseled clients individually in behavior and addictions related issues.

- ◆ Worked directly in crisis intervention/stabilization.
- ◆ ROPES certified

Theoretical Orientation

An eclectic approach utilizing elements from Psychodynamic, Client-Centered, Rational Emotive Behavioral and Solution Focused Brief Therapies. Developed a personal theory of counseling entitled Abstract-Directive Therapy during the practicum and internship phases of graduate study.

Areas of Special Interest

Addictive disorders, adolescent issues, depression, compulsive behaviors, grief and loss, men's issues, family systems, sexual identity concerns, anxiety/fear and multicultural issues in counseling.

Professional Affiliations

American Counseling Association (ACA); full professional member, Association for Specialists in Group Work (ASGW), International Association of Marriage and Family Counselors (IAMFC), Mental Health Counselors of Central Florida (MHCCF).

Academic Awards

Member Psi Chi National Honors Society in Psychology, Inducted 2005
President's list for academic excellence, Rollins College, 1992